

Registered in England & Wales Company Number 8344632  
Company Limited by Guarantee



**ANNUAL REPORT**  
**AND UNAUDITED FINANCIAL STATEMENTS**  
**TO 31 MARCH 2017**

Registered Charity Number 1151080

## **WELCOME**

Welcome to the Cass Foundation's annual report for the year ending March 2017. The Foundation can look back over five years since its founding in March 2012. This gives us an opportunity to review our activities and organisation, and assess how well we have met our charitable objectives. This will allow us to plan our future activities with confidence and allow the organisation to evolve so that it can deliver them most effectively.

The report sets out the areas we have been working in and what we are planning for the future.

The key to all we have achieved is people. A vital element of our past and future success is who we are. I would like to thank our partners and supporters for enabling us to work with you, and to the Trustees for their wisdom and guidance throughout the year. They all make important contributions to our work. I would like to pay tribute once again to the continued dedication and hard work of Helen, Julie, Lucy and Annick. What they do is almost always challenging, but I know that they do it because of the immense satisfaction they get from seeing the difference they make to people's lives.

Lastly I am delighted to say that we are about to embark on an important next stage for the Foundation in recruiting a Director to head up and drive the charity forward. We hope to have someone in place early in 2018.

Richard Cass

Chairman

## **THE CASS FOUNDATION LIMITED**

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**THE CASS FOUNDATION LIMITED**  
**Reference and Administrative Information**

|                                    |  |
|------------------------------------|--|
| <b>Company name</b>                | The Cass Foundation Limited  |
| <b>Company registration number</b> | 8344632  |
| <b>Charity registration number</b> | 1151080  |
| <b>Registered Office</b>           | Osborne House West<br>13 Fulwood Park<br>Liverpool<br>L17 5AD  |
| <b>Website</b>                     | <a href="http://www.cassfoundation.org.uk">www.cassfoundation.org.uk</a>   |
| <b>Trustees</b>                    | Richard Cass<br>Roger Bush – appointed 1 September 2017<br>Simon Abrams<br>Judy Cass<br>Paula Grey – appointed 31 July 2017<br>David Lowther<br>Steven Perkins<br>Philip Putwain |
| <b>Project Manager</b>             | Helen Rawlinson  |
| <b>Principal contact</b>           | Richard Cass   |
| <b>Independent Examiner</b>        | Mrs Lesley Malkin BA FCA<br>BWM<br>Castle Chambers<br>43 Castle Street<br>Liverpool<br>L2 3SH  |
| <b>Bankers</b>                     | Barclays Bank PLC<br>164 Allerton Rd<br>Liverpool<br>L18 2DH   |

## **THE CASS FOUNDATION LIMITED TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)**

The Trustees present their report and accounts for the year ended 31 March 2017.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)".

### **Structure, Governance and Management**

#### **Governing document**

The Cass Foundation Limited is constituted as a company limited by guarantee and was incorporated on 2 January 2013, registered number in England & Wales 8344632. It was registered with the Charity Commission on 5 March 2013 under charity number 1151080.

#### **How the Foundation operates**

In 2012 the Cass Foundation was constituted as a charitable trust governed by a trust deed and registered with the Charity Commission number 1146296. As the Foundation was becoming involved in significant financial obligations the charitable company was formed to provide limited liability status. The charitable company has identical charitable objects to the Cass Foundation.

All the trustees, who are also the directors for the purpose of company law, of the charitable company are also all the trustees of the Cass Foundation.

The River Alt Restoration Project was the only project entered into by the charitable company up to 31 March 2016. Since then all projects of the Cass Foundation have been carried out by The Cass Foundation Limited to make operations more efficient.

The trustees are responsible for the general control and management of the charitable company. They meet together quarterly. Day-to-day running of projects and activities is delegated to the project manager, assisted by special advisors.

The intention is to keep operating costs to a minimum by working in a collaborative way with existing organisations and individuals. This will ensure that resources are used as effectively as possible on external projects and programmes rather than being absorbed in administrative and staff costs and overheads.

#### **Trustees**

Trustees are appointed on the basis of their commitment to the charitable company's charitable aims and objectives, and their ability to help the charitable company achieve them. They are selected so as to provide a blend and range of experience covering medical care, public health, planning and design, research and education, communication, and project management and delivery. They are normally appointed for a fixed period of three years, following which they may be invited to stand for a further term of office. They are unremunerated; travelling and other expenses may be reimbursed.

## **THE CASS FOUNDATION LIMITED TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)**

All Trustees served throughout the entire financial year except as noted on page 1.

On appointment New Trustees are made familiar with the Articles of the Charitable Company which set out the operational framework for the charity and the current financial position and future plans and objectives.

### **Management and administration**

Helen Rawlinson has continued to be the Foundation's project manager throughout the period, driving forward our activities with vigour, determination and good humour. She has responded magnificently to the challenges of the period, completing the River Alt Restoration project and developing new projects.

Julie Killen has continued co-ordinating all the community engagement activities for the Foundation, which have expanded successfully both in range and scope over the year. Lucy Dossor has joined the team, with responsibility for administrative and financial management aspects, and in supporting the project manager on project work where appropriate. Annick Laroque joined the team in delivering projects.

### **Objectives and Activities**

#### **Our aims**

The charitable company exists to research and draw attention to the links between people's health and their environment, and to be involved in practical projects and programmes which aim to improve people's health by improving the places in which they live.

The objects of the charitable company are set out in the charitable company's articles and are summarised as follows:

- 1) To advance the education of the public in the techniques and practices of creating, managing and conserving places, both urban and rural, including buildings, open spaces and landscapes which promote and aim to promote good health for the benefit of the public.
- 2) To promote good health by creating, managing and conserving places, both urban and rural, including buildings, open spaces and landscapes for the benefit of the public in particular the people of England and Wales (the 'area of benefit').

#### **Why the Foundation was set up**

The Foundation was established by Richard Cass because of his concern that at the same time that very large amounts of money were going into increasingly expensive medical treatments, many of the illnesses being treated were brought about, or affected by, the places in which people lived. Although strong and convincing evidence has existed for some years to demonstrate this, decisions about how places are planned and built rarely address the health impacts of those decisions. Similarly, there is comparatively little connection between the resources being invested in health care and investment in places in a way which could reduce ill health and the costs of health care.

## **THE CASS FOUNDATION LIMITED**

### **TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)**

This is particularly the case for comparatively deprived/disadvantaged communities, where poor health (and so high health care costs) normally co-exists with other problems such as unemployment, poverty, poor housing and educational under-achievement.

#### **Our activities**

The Foundation works with individuals, organisations and communities to research, collaborate on, promote and deliver projects that focus on health and the environment. In planning activities, the trustees give consideration to the Charity Commission's guidance on public benefit and to the following governing principles:

- To work collaboratively
- To work with real people in real places
- To work in an evidence-based way

#### **Why the charitable company was set up**

The River Alt Project involved funding of £1.7 million. As recommended by the Charity Commission a company limited by guarantee is a more appropriate structure for charities operating at this level of income and financial contracts. Hence the charitable company was set up with identical objects to the Foundation and to enter into the River Alt project. Since 1<sup>st</sup> April 2016 all projects of the Cass Foundation, have been carried out by the Cass Foundation Limited to make operations more efficient.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

## **Review of Achievements**

### **Alt Meadows and beyond**

We remain closely involved with Alt Meadows at Croxteth, overseeing its establishment as a popular and well used local green space, monitoring its maturing landscape and ecosystems, and supporting the local community in caring for and enjoying it.

The naming in September last year of the River Alt project as 'Alt Meadows' by the MP Stephen Twigg - a name chosen by local people - and its celebration as a new park within the City, was an important milestone for us and our partners in the project. Alt Meadows now forms part of a portfolio of projects. We are working with local people and organisations, care organisations from both the State, private and third sectors, other environmental organisations at National, regional and local levels, and a range of funding bodies to deliver on our objective of creating '**healthy places for healthy lives**'.

A follow up project to link Alt Meadows with Croxteth Park has been the Croxteth Community Path Link. This gives around eight thousand people in Croxteth direct access to Croxteth Park through an area of previously inaccessible and unused woodland. Although more modest in scale and cost (around £120,000), it makes a big difference to people's lives by reducing isolation and giving them access to what is becoming an important area of local green space.

## **THE CASS FOUNDATION LIMITED**

### **TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)**

This has been very much a community project, and deep-seated local concerns had to be overcome to open up what had become a 'no-go' area. This reputation was dramatically transformed at the opening celebrations on a memorable evening in March this year when around 500 people gathered for an opening ceremony followed by a performance of Shakespeare's *Mid-summer Night's Dream*, performed by local school children and produced by Croxteth Drama Group. Ann O'Byrne, the deputy mayor, described it as the best community event she had ever attended. We are delighted to have been involved with such a transformative project.

#### **Partnership working**

The other main focus for our work has been continuing and expanding our programme of outdoor activities to encourage people to enjoy fresh air, exercise, companionship and contact with nature. We are working closely with a range of partners, including MerseyCare, the Mersey Forest, local GPs, and community organisations. Through our role as a delivery partner in the Nature4Health project the results of this work are being assessed to build an evidence-base for the health benefits of the programme.

Activities include Nordic Walking, Health Walks, Therapeutic Gardening, Forest Schools, and Nature's Therapy. We have also piloted attendance in a local GP surgery waiting room to engage with patients and discuss possible activities for them.

#### **Changing lives – and proving it**

By being involved directly with the users of these services we see at first hand the improvements in people's health which this work achieves, both physical and mental. It has been literally life-changing in some instances and we are gathering a growing body of evidence on the benefits which people gain from participation in these activities, often against a background of long term, chronic conditions. The gathering of scientific data so as to be able to present hard evidence on the results of this work is of crucial importance. One of our roles has been to build links between the scientific, academic community and the 'service users' so that the data collected is fit-for-purpose for both groups. This was not the case at the outset and requires constant attention to ensure the necessary rigour is applied to building the evidence base. Human beings are highly complex organisms, and the importance of 'well-being' to health, and the need to consider mental and physical health as highly interdependent, are both crucial to addressing the health issues of our times.

We are pleased that we have demonstrated that we can work effectively in these areas, delivering on our core principles of:

- [working collaboratively;](#)
- [working with real people in real places;](#)
- [working in an evidence-based way.](#)

With the ever increasing pressures on the NHS the relevance of what we are here to do is becoming ever more pressing. The evidence and awareness of the benefits of giving people access to places where they can enjoy fresh air and exercise, and contact with both nature and other people is growing all the time.

Running through our work is the recognition that decisions on investment in health care have to be based on hard evidence. Working in an evidence-based way is one of our core principles.

## **THE CASS FOUNDATION LIMITED**

### **TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)**

#### **A holistic approach to health improvement**

For a small and relatively new organisation one of our biggest achievements has been to do this in a 'holistic' way, cutting across many traditional boundaries. So on the one hand we have been working with highly specialised experts in fields such as engineering, hydrology, landscape design, ecology, soil science and vegetation establishment. At the same time we have developed very close links with local people and community organisations, helping to set up the Friends of Croxteth Greenspace for example, and supporting others, such as the Friends of Everton Park.

During the year we have expanded our programme of activities encouraging local people to make use of their green spaces. This is often hard work, but is particularly rewarding as the benefits can be direct and powerful. This has included the design and installation of a series of mosaics at Alt Meadows, developing fitness programmes including Nordic Walking, Buggy Outdoor Fitness sessions, planting and maintenance days, and 'Walk-and-Talk' sessions.

As part of this work we are developing strong links with the Mersey Forest. An important result of this is a programme of health therapy sessions we will be delivering as part of The Mersey Forest's three year Nature4Health project. This includes a major evidence gathering programme linked with research projects at the University of Liverpool and Liverpool John Moores University. We hope that this will provide a convincing case that this kind of therapy is effective in terms of both health outcomes and value for money, and so enable it to play a more effective role in the nation's health care by attracting long term support from health care budgets.

#### **The future**

This brings us to the crucial matter of continuity and the future of our work. However impressive and successful individual projects seem to be, without long term commitment and continuity the benefits risk being ephemeral. This is frustrating, especially for those whose lives have been improved, and undermines the economic value of what has been done.

Whilst we believe that the best way of improving health is to give individuals the knowledge, confidence and opportunity to take control of their own health by adopting healthy lifestyles, this cannot be done overnight, or without resources over time to create and manage the 'infrastructure' necessary for this to happen.

So far we have been successful in raising over £2.1 million to support our work. We are confident that we have delivered impressive results and exceptional value for money by investing this in our projects. In economic terms, the environment and community fields are often regarded as something of a 'Cinderella' compared with more traditional fields of infrastructure and health care. Modern medicine, and the people and buildings that deliver it, are becoming increasingly expensive. Increasing funding for our activities in the face of these powerful established players is always going to be tough, so we have to present our case clearly and convincingly.

As a small independent charity we face many challenges when it comes to fundraising. We are focussed on forging strategic partnerships with others to spread the load and be more effective. We are also giving careful attention to how we can be most effective, and what our distinct abilities are, so as to make us attractive to funders in the highly competitive environment we are in.

## **THE CASS FOUNDATION LIMITED TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)**

### **Financial Review**

Full details of income and expenditure for the year ended 31 March 2017 are set out in the Statement of Financial Activities and accompanying notes on the following pages.

On 31 March 2017 the Trustees accepted a donation of £110,000 from The Cass Foundation. Both charities have identical objects.

### **Future Plans**

The Trustees are seeking suitable projects for the charitable company to take forward and ensuring that the staffing levels are appropriate for the work of the charitable company.

### **Major risks/uncertainties**

The charitable company does not intend to enter into any project or arrangement if there is any possibility that an event could occur which would result in a liability, when taking all other potential liabilities into account, that is in excess of its reserves.

### **Reserves policy**

The trustees' policy is to have sufficient unrestricted reserves to ensure it can continue its operations for at least 12 months after the date of this report. They intend to continue in this manner. Unrestricted reserves at 31 March 2017 totalled £75,611.

## **THE CASS FOUNDATION LIMITED TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)**

### **Trustees Responsibilities**

The trustees, who are also the directors of The Cass Foundation Limited for the purpose of company law, are responsible for preparing the Trustees' Report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue to operate.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Small Company Provisions**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

On behalf of the Board on 21 December 2017

Richard Cass  
Chair

## **THE CASS FOUNDATION LIMITED**

### **Independent examiner's report to the trustees of The Cass Foundation Limited**

I report to the charity trustees on my examination of the accounts of The Cass Foundation Limited for the year ended 31 March 2017.

#### **Responsibilities and basis of report**

As the charity's trustees of The Cass Foundation Limited (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

#### **Mrs Lesley Malkin BA FCA**

BWM

Chartered Accountants

Castle Chambers

43 Castle Street

Liverpool

L2 9SH

Date: 21 December 2017

**THE CASS FOUNDATION LIMITED**  
**Statement of Financial Activities (incorporating an Income and Expenditure Account) for the period ended 31 March 2017**

|                                 |       | 2017                  | 2017                | 2017        | 2016        |
|---------------------------------|-------|-----------------------|---------------------|-------------|-------------|
|                                 | Notes | Unrestricted<br>Funds | Restricted<br>Funds | Total Funds | Total Funds |
|                                 |       | £                     | £                   | £           | £           |
| <b>INCOME</b>                   |       |                       |                     |             |             |
| <b>Donations and legacies</b>   | 3     | 111,000               | -                   | 111,000     | -           |
| <b>Charitable activities</b>    |       |                       |                     |             |             |
| The River Alt Project           | 3     | -                     | -                   | -           | 89,516      |
| Other                           |       | -                     | 101,903             | 101,903     | 2,000       |
|                                 |       | 111,000               | 101,903             | 212,903     | 91,516      |
| <b>EXPENDITURE</b>              |       |                       |                     |             |             |
| <b>Charitable activities</b>    |       |                       |                     |             |             |
| The River Alt Project           | 4     | -                     | 9,584               | 9,584       | 70,315      |
| Other                           | 4     | 35,689                | 87,057              | 122,745     | 4,559       |
|                                 |       | 35,689                | 96,641              | 132,329     | 74,914      |
| <b>NET INCOME</b>               |       | 75,311                | 5,262               | 80,573      | 16,602      |
| <b>Transfers between funds</b>  |       | (2,963)               | 2,963               | -           | -           |
| <b>Reconciliation of Funds</b>  |       | 72,348                | 8,225               | 80,573      | 16,602      |
| <b>Balances brought forward</b> |       | 3,263                 | 21,254              | 24,517      | 7,915       |
| <b>Balances carried forward</b> |       | 75,611                | 29,479              | 105,090     | 24,517      |

All of the activities of the charity are classed as continuing.

The notes on pages 12 - 19 form part of the Financial Statements.

The Statement of Financial Activities also complies with the requirements for an Income and Expenditure account under the Companies Act 2006

The movement in funds detailed above complies with the requirements for a statement of changes in equity under FRS 102

**THE CASS FOUNDATION LIMITED**  
**Balance Sheet as at 31 March 2017**

|  | Notes | 2017           | 2016          |
|--|-------|----------------|---------------|
|  |       | £              | £             |
| <b>CURRENT ASSETS</b>                          |       |                |               |
| Debtors and prepayments                        | 6     | 137,298        | 56,991        |
| Cash at bank and in hand                       |       | 48,534         | 69            |
|  |       | <u>185,832</u> | <u>57,060</u> |
| <b>LIABILITIES</b>                             |       |                |               |
| Creditors: Amounts falling due within one year | 7     | (80,742)       | (32,543)      |
|  |       | <u>105,090</u> | <u>24,517</u> |
| <b>THE FUNDS OF THE CHARITY</b>                |       |                |               |
| Restricted funds                               | 8     | 29,479         | 21,254        |
| Unrestricted funds                             |       | 75,611         | 3,263         |
|  |       | <u>105,090</u> | <u>24,517</u> |

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2017. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime within part 15 of the Companies Act 2006.

These Financial Statements were approved by the board of trustees on 21 December 2017 and signed on their behalf by

Richard Cass  
Chair  
Company registration no: 8344632

## **THE CASS FOUNDATION LIMITED**

### **Notes to the Financial Statements for the year ended 31 March 2017**

#### **1. Accounting Policies**

##### **Company information**

The Cass Foundation Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Osborne House West, 13 Fulwood Park, Liverpool, L17 5AD.

##### **(a) Basis of accounting**

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

The Charity has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

##### **(b) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

##### **(c) Expenditure**

Resources expended are recognised on an accruals basis and are allocated to the particular activity where the cost relates directly to that activity. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of the resources. Governance costs are those incurred in connection with the administration of the charity.

## THE CASS FOUNDATION LIMITED

### Notes to the Financial Statements for the year ended 31 March 2017

#### (d) Going concern

The trustees prepare budgets and cash flow forecasts which are reviewed on a regular basis. The trustees are confident that, their funding requirements for at least the next 12 months will be met. As a result the going concern basis of accounting has been adopted.

#### (e) Accumulated funds

Funds held by the charity are:

*Unrestricted general funds* - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

*Restricted funds* are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The aim and use of each restricted fund is set out in the notes to the financial statements.

#### (f) Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

#### (g) Financial instruments

The charity's has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity's becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

## THE CASS FOUNDATION LIMITED

### Notes to the Financial Statements for the year ended 31 March 2017

#### (g) Financial instruments (continued)

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### *Derecognition of financial liabilities*

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### (h) Taxation

The charity benefits from various exemptions from taxation afforded by tax legislation and is not liable to corporation tax on income and gains falling within these exemptions.

The charity is not able to recover Value Added Tax. Expenditure is recorded in the accounts inclusive of VAT.

Resources expended include attributable VAT which has not been recovered. This has to be accounted for as a distinct item under the Funding Agreement for the River Alt Project so that element is shown separately. All other expenditure is shown inclusive of any irrecoverable VAT.

## 2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

## 3. Income

### Unrestricted funds

The Trustees accepted a donation from Cass Foundation at the end of the financial year to effectively merge the two charities.

Other Income in the year is for time spent by trustees providing voluntary professional services on the River Alt Restoration project which under the funding agreements is charged at pre-set rates.

|   | 2017           | 2016 |
|---|----------------|------|
|   | £              | £    |
| Donation for Cass Foundation to merge charities | 110,000        | -    |
| Other Charitable donations                      | <u>1,000</u>   | -    |
|   | <u>111,000</u> | =    |

**THE CASS FOUNDATION LIMITED**  
**Notes to the Financial Statements for the year ended 31 March 2017**

**3. Income (continued)**

**Restricted Funds**

Income during the year mainly consisted of grant income under funding agreements for the River Alt Restoration Project. There was also funding towards the development of the Windsor Street project. The funders make payments on account in advance of the expenditure being incurred based on forecast expenditure.

|                        | 2017           | 2016          |
|------------------------|----------------|---------------|
|                        | £              | £             |
| Charitable activities: |                |               |
| Charitable Trusts      | 24,536         | 2,000         |
| Arts Council England   | 13,396         | -             |
| Liverpool City Council | <u>63,971</u>  | <u>87,948</u> |
|                        | <u>101,903</u> | <u>89,948</u> |

**4. Charitable Activities**

**Unrestricted Funds**

**Governance and support costs**

|                                | 2017          | 2016         |
|--------------------------------|---------------|--------------|
|                                | £             | £            |
| Direct costs of labour         | 18,585        | -            |
| Office rent                    | 3,540         | -            |
| Travel                         | 500           | -            |
| Office equipment and materials | 1,095         | -            |
| Software and stationery        | 587           | 287          |
| Insurance                      | 1,464         | 2,212        |
| Others                         | 2,567         | -            |
| Examiner's remuneration        | <u>2,400</u>  | <u>2,100</u> |
|                                | <u>30,738</u> | <u>4,559</u> |

**Non funded projects**

|                        | 2017          | 2016         |
|------------------------|---------------|--------------|
|                        | £             | £            |
| Direct costs of labour | 4,739         | -            |
| Others                 | <u>212</u>    | <u>-</u>     |
|                        | <u>4,951</u>  | <u>-</u>     |
|                        | <u>35,689</u> | <u>4,559</u> |

**THE CASS FOUNDATION LIMITED**

**Notes to the Financial Statements for the year ended 31 March 2017**

**Restricted Funds**

**Charitable Activities**

| <b>River Alt Project</b>                         | 2017         | 2016          |
|--|--------------|---------------|
|  | £            | £             |
| Direct costs of labour                           | 4,035        | 7,531         |
| Travel and meetings                              | 131          | 698           |
| Civil engineering and land clearance contractors | -            | 24,069        |
| Landscaping                                      | -            | 12,947        |
| Maintenance                                      | 2,730        | 15,729        |
| Professional fees                                | 749          | 4,684         |
| Community Engagement                             | -            | 600           |
| Irrecoverable VAT                                | -            | 2,060         |
| Other costs                                      | 1,939        | 867           |
| Administration overheads                         | -            | 1,130         |
|  | <u>9,584</u> | <u>70,315</u> |

| <b>Other Projects</b>    | 2017          | 2016     |
|--------------------------|---------------|----------|
|                          | £             | £        |
| Direct costs of labour   | 29,634        | -        |
| Travel and meetings      | 1,100         | -        |
| Landscaping              | 23,325        | -        |
| Maintenance              | 13,656        | -        |
| Professional fees        | 10,873        | -        |
| Materials                | 7,307         | -        |
| Promotion and marketing  | 919           | -        |
| Other costs              | 183           | -        |
| Administration overheads | 60            | -        |
|                          | <u>87,057</u> | <u>-</u> |

|   |               |               |
|---|---------------|---------------|
| <b>Total Expenditure Restricted Funds</b> | <u>96,641</u> | <u>70,315</u> |
|---|---------------|---------------|

**THE CASS FOUNDATION LIMITED**

**Notes to the Financial Statements for the year ended 31 March 2017**

|   |                |               |
|---|----------------|---------------|
| <b>5. Financial instruments</b>                               | <b>2017</b>    | <b>2016</b>   |
|   | £              | £             |
| <b>Carrying amount of financial assets</b>                    |                |               |
| Measured at cost  | <u>185,832</u> | <u>57,060</u> |
| <b>Carrying amount of financial liabilities</b>               |                |               |
| Measured at cost  | <u>80,742</u>  | <u>32,543</u> |
| <br><b>6. Debtors</b>   |                |               |
|   | 2017           | 2016          |
|   | £              | £             |
| CPL Limited – see note 10 related parties                     | -              | 6,939         |
| The Cass Foundation   | 106,432        | 29,043        |
| Claims lodged and to be lodged with<br>Liverpool City Council | 23,160         | -             |
| The Community Forests North West                              | -              | 21,009        |
| Others  | <u>7,706</u>   | <u>-</u>      |
|   | <u>137,298</u> | <u>56,991</u> |
| <br><b>7. Creditors: amounts falling due within one year</b>  |                |               |
|   | 2017           | 2016          |
|   | £              | £             |
| Independent Examiner's fees                                   | 2,100          | 2,100         |
| Suppliers of goods and services for the River Alt Project     | <u>78,642</u>  | <u>30,443</u> |
|   | <u>80,742</u>  | <u>32,543</u> |

## THE CASS FOUNDATION LIMITED

### Notes to the Financial Statements for the year ended 31 March 2017

#### 8. Restricted Funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

|                   | Balance at 1<br>April 2016 | Incoming<br>resources | Resources<br>expended | Excess costs<br>funded from<br>unrestricted<br>reserves | Balance at 31<br>March 2017 |
|-------------------|----------------------------|-----------------------|-----------------------|---|-----------------------------|
|                   | £                          | £                     | £                     | £   | £                           |
| River Alt Project | 19,254                     |                       | (9,584)               |   | 9,670                       |
| Other             | 2,000                      | 101,903               | (87,057)              | 2,963   | 19,809                      |
|                   | 21,254                     | 101,903               | (96,641)              | 2,963   | 29,479                      |

#### 9. Analysis of net assets between funds

|  | Unrestricted<br>funds | Restricted<br>funds | Total    |
|--|-----------------------|---------------------|----------|
|  | £                     | £                   | £        |
| Fund balances at 31 March 2017 are represented by: |                       |                     |          |
| Current assets                                     | 89,685                | 96,147              | 185,832  |
| Creditors: amounts falling due within one year     | (14,074)              | (66,668)            | (80,742) |
|  | 75,611                | 29,479              | 105,090  |

## **THE CASS FOUNDATION LIMITED**

### **Notes to the Financial Statements for the year ended 31 March 2017**

#### **10. Related party transactions**

In the previous financial year short term loans were made to CPL Management Limited, (a company owned by Richard Cass) between October 2015 and March 2016, the loans were repaid in full on 20 April 2016.

Simon Abrams is a partner in Great Homer Street Surgery. During the year the Surgery commissioned health and well being services from the charity at prices the charity charges third parties. During the financial year they amounted to £1,621 (2016 nil).

#### **11. Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

No trustee received any remuneration nor was reimbursed for any travel expenses during the financial period. (2016 £nil).

Staff costs during the year were incurred on both projects and support activities as analysed in Note 4 above. The totals of which were £56,993 in 2017 and £7,531 in 2016.

None of the key management personnel of the company comprising the Trustees received any remuneration or benefits during the year or the preceding year.

#### **12. Employees**

There were no employees during the year to 31 March 2017

#### **13. Company limited by guarantee**

The Cass Foundation Limited was incorporated as a company limited by guarantee under the Companies Act 2006 on 2 January 2013. The liability of the members is limited to £10.